



The Yakker

New club board plans more adventures



**Michael
Cadoret**

Thank you, Lowcountry Paddlers for electing me your new president and the rest of your board of officers: **Jim Miller** as acting vice president, **He-lon Everett** for treasurer and **Carol Smith** as secretary. We are happy and proud to represent

you and do our best to help our club achieve the goals of the members.

I'd like to thank the outgoing board of officers, Todd Beach, Jim Miller, Leslie Maple and Michael Condon for their tireless efforts on behalf of the club.

Todd, our long-serving president, deserves special thanks. Over a number of years he has spearheaded a membership drive that surpassed all expectations. LCP now can boast having more than 220 members. What an achievement!

And achievements are just what we hope to accomplish with your help during the next many months.

What's first on our minds? How to have more fun adventures on our local waterways. Ralph Earhart, our trip master, and his trusty gang of trip leaders have scheduled a fantastic number of varied excursions and look forward to your recommendations for others.

Many of our members, most notably Bill Guiffre, consistently post notices for Show-N-Go trips on the Web site providing spur-of-the-moment opportunities for paddling.

At August's meeting we'll honor those who have given so much of themselves to the club with "A Little Something." We'll hear from members who've recently completed a days-long trip and we'll get to vote on some updating to the by-laws. Be there!

We plan to continue and expand on the socials and events we normally offer. Next up will be a new social event, A ReUp Membership and Holiday Party, time and place TBA. It will be a casual affair, catered, with libations provided, all for a nominal fee.

Oh, and we'll have contests too. Our first contest is to find a motto for the club – entries will be accepted and voted on at our upcoming



meeting. The winner will receive an all-expense-paid vacation to Aruba! Just kidding, but the prize will knock your socks off – or at least, cause you to giggle uncontrollably. Put your thinking caps on and come with a pithy one-liner. We'll be watching out for you!

Confine your happy paddling to the waterways and remember, safety gear is your friend – it only works when you wear it. Your PFD, of course!



**Todd
Beach**

From the former president

Well, another year has come and gone and now it's time to let a new administration take the

helm of the Lowcountry Paddlers.

I have truly enjoyed being the president of this wonderful club, although there have been some trying times and frustrations, nonetheless I enjoyed it.

The best part of being president, is getting to meet and know all of you more on a personal level rather than a now-and-then meeting on a club paddle trip. I have more friends now than I did at this time last year.

I thank my fellow LCP club officers and friends Jim Miller, vice president, Michael Condon, treasurer and Leslie Maple, secretary, all of whom made my job as president a whole lot easier. As a team we accomplished a lot this past year and hopefully the new club officers will continue what we started. Jim, Michael and Leslie, you are great!

To the new officers, I wish you all the best. I know that you will do a great job in keeping the Lowcountry Paddlers afloat and maintaining the club's integrity and in doing so, having fun at the same time.

And, I want to thank all of you Lowcountry Paddlers for giving me the opportunity to once again lead this fine club and for making the club what it is today, a **fantastic** paddle club.

See ya on the water!

LCP meeting minutes for July 20, 2009

Todd Beach opened the meeting by welcoming 34 members and five guests. He introduced the club officers and Scott Lamprecht, the guest speaker.

Scott is the Fresh Water Fisheries Coordinator for the South Carolina Department of Natural Resources. His focus is striped bass populations in rivers and lakes, but he also talked about tidal creek ecosystems and the impact of urban development.

Urban sprawl has increased 10-fold between 1973-2009 with six times the population, he said. As an example of the growth, Horlbeck Creek has gone from forested land to 94-99% paved land. Once paved with an impervious cover such as asphalt or concrete, rain water does not soak into soil as it would in a forested area, impeding natural pollutant processing. Trees and grasses slow rain run-off allowing water to seep slowly into wide marshy areas producing natural filtration.

Rapid run-off processes harm marshes. After a one-inch rain in forested land it takes three days for a creek flow to return to normal. After one inch of rain in a heavily paved area, it takes only five hours for a creek to reach normal flow. The higher percentage of impervious surfaces creates a higher percentage of chemical and biological contaminants in waterways. Valued species and humans are all impacted.

Scott said we can help by limiting the use of impervious paving materials and creating more grass areas between buildings. Vegetated cul de sacs, uncurbed streets, limited street widths, swales and water-retaining plants in landscaping designs also help. Buffer zones should always be left between lawns and water's edge. We can develop guidance for environmentally friendly living, and create incentives to encourage land conservation and good stewardship.

Scott spoke about stocking striped bass in the Ashley River. Before Lake Marion and Lake Moultrie were built, the Charleston Harbor had a large striped bass population. The fish

could be found from the coastal plain to the Piedmont.

In 2006, SCDNR and Fish & Wildlife tried to re-develop the striped bass population as they had with red drum. The river was stocked with 30-day-old fish and then 6-month-old juveniles. Steady growth took place from 2006-2008.

The health of brackish waters and estuaries, which are important nursery areas, and the success of stocked fish are being monitored through electrofishing. Fish are stunned with electricity and scooped up with nets. After information is gathered the fish are released into the water unharmed. Sixty-eight different species of fish have been collected with electrofishing in the Ashley River since 2001.

The limit on striped bass catches in the Cooper River is three fish per day at least 26 inches long. No striped bass fishing is allowed on the Ashley River. The Wando River has no restrictions. Scott said April is a good time to visit the St. Stephens Bayless Hatchery.

Old Business

The June 15 meeting minutes were approved as published on the LCP Web site.

New Business

Treasurer's Report

Previous balance	\$2,287.90
Receipts	\$90
Disbursements	-\$228.06
Out Standing checks	\$70
Balance	\$2,079.53

Trip Leader Report

July 25 - Ed Deal will lead a trip on Lake Moultrie to Dennis' Pasture. This is a 1 star paddle.

Aug. 2 - Andy Burgess will lead a trip from Echaw Creek to McConnells Landing. This is a 2 star paddle.

Aug. 9 - Todd Beach will lead a trip from Dawhoo Landing to Willtown Bluff. This is a 1 star paddle.

Aug. 15 - Ralph Earhart will lead an 18-mile trip from Bennett's Point Landing via Fishing Creek to Otter Island. This is a 3 star paddle.

Visit the website for details:

Lowcountrypaddlers.net.

Nomination of Officers

Todd said the nominations were in for the new slate of club officers and none were opposed, so no membership vote was needed. A motion was made to accept the slate of unopposed nominations. It was seconded and approved.

Dan Hoke who had accepted his nomination for vice president has since had open heart surgery, Todd said. Michael Cadoret made a motion for the club vote to allow Jim Miller to stay on as vice president until such time that Dan can fill the position or decides he will not. The motion was seconded and approved.

The new officers are: Michael Cadoret, president; Dan Hoke, vice president; Jim Miller, acting vice president; Helon Everett, treasurer; and Carol Smith, secretary.

Announcements

Michael Cadoret announced that Andy Anderson and Carole Steele are undergoing chemotherapy for cancer. Cards were available to sign after the meeting.

Todd introduced Deirdre Mays, a new member who has volunteered to edit the newsletter, formerly done by Jennelle Kiernan. Yakker articles should be submitted to the same email address, lowcountrypaddlers@yahoo.com.

Scott Szczepaniak of Sea Kayak Carolina, an LCP club member, took the floor and stressed the importance for everyone to learn how to perform a kayak rescue. It is not intuitive and must be learned. Scott gave a quiz and awarded prizes for the correct answers.

Michael Cadoret won a free class on kayak rescue from Sea Kayak Carolina, and Wendy Wickie won a kayak deck bag.

Jim Miller distributed the door prizes and the meeting was adjourned.

Respectfully submitted by,
Leslie Maple

Planning can take paddling grub to gourmet

By Andy Anderson

If you're just going on a day trip along a stream, out to a barrier island or playing on a lake it doesn't really matter what you bring along to eat. Something tasty, packed with usable energy, easy to store, and will last for a few hours in a pocket or hatch are about your only considerations. But if you are planning an extended stay in the outback, your culinary choices will probably take on a whole new meaning.

I've certainly seen folks who continue their minimalist spirit when it comes to meals. They open a can or pouch and consume its contents, as is. When one of our paddling brothers was asked why he didn't bother to warm his food or cool his drinks, he said "as soon as you swallow whatever it equalizes to body temperature, so why bother?"

Good point, I guess. But I'd tend to think most of us would prefer the things we normally associate with being warm – being at least warm, and cold things, beverages in particular, as cold as we can make them under the circumstances. A first class sandbar meal can be put together in pretty short order with a minimal amount of effort. The key is, most of the prep work needs to be done prior to launch time.

Here's a sample menu: Spaghetti and meat sauce; tossed salad with an Italian vinaigrette dressing; garlic bread sticks; red pepper flakes and a baggie of pre-grated Parmigiano-Reggiano cheese; and, of course, a nice Chianti.

Before you begin your adventure, you need to buy or make some spaghetti sauce and secure it in a leak-proof container. Break the pasta in half, shorter noodles are easier to eat under primitive conditions, and boil them to desired doneness. Drain the pasta and toss lightly with olive oil to keep the it from sticking together. Dump the noodles in a plastic container. Head for the nearest store and buy a prepackaged bag of mixed greens and a vinaigrette. Transfer the dressing to a small squirt bottle to save space. While you're at the store, pick up a package of bread sticks and the wine.

You're almost there. But you also need a stove that can moderate its flame. Pocket rocket backpacking stoves may boil water in a few seconds but will defiantly scorch something you're trying to warm up. You will also need a stable pot. Dumping your precious dinner in the sand is a sure way to add unwanted crunchiness.

Warm the spaghetti sauce, when it begins to perk, add the pasta and warm through. Hopefully, you've remembered a large spoon for stirring and serving your main course. A couple of bread sticks, a bowl of salad and a nice wine in your trusty lexan wine glasses will round out a very nice dinner.

Don't forget your corkscrew, and ground cloth or camp chairs. Of course a disclaimer is required; adult beverages should only be consumed after your on-water activities have concluded for the day. Furthermore, said beverages should be consumed, if at all, in state parks with extreme discretion.

If you really want to pull out all of the stops and you have a bit more elaborate support structure, you can go gourmet even under less than optimal outdoor conditions.

Last fall at Edisto Beach State Park I decided to try just that. Michael Cadoret and I had been alternating our cooking efforts in an attempt to offer one another new dinner combinations while camping in the wilds of South Carolina and Georgia.

I believed I'd come up with one meal to settle our mini competition once and for all. My menu would consist of Chateaubriand with sauce béarnaise and a green peppercorn sauce au poivre, garlic parmesan roasted potatoes, fresh steamed asparagus almandine, caesar salad with freshly grated Parmigiano-Reggiano with seasoned croutons, and a nicely fermented beverage from the Bordeaux region of France. For dessert, we would have a New York style cheesecake with a raspberry sauce.

The somewhat surprising thing about putting all of this together was its relative simplicity. I needed a couple of camp stoves, a level surface to cook on, and two or three pots.

Admittedly, Michael and Sally's indoor oven was pressed into service to finish the beef tenderloin. I still might have pulled it off with a covered skillet and indirect heat from my little ole camp stove. It all came together very well on a picnic table in a state park.

On short duration camping trips, you don't have to resort to MREs or other pouched fare. With a little bit of planning and imagination you can put together an outstanding meal that will be remembered.

That's something you may want to think about as you're packing your white bread, mayo and bologna.

Regardless of your meal plans, the point is to enjoy yourself out there. That should always be your main objective. Have fun, try new things and live life to its fullest.





Lowcountry Paddlers are from near and far, in canoes and kayaks of all shapes and sizes, and are at all skill levels. They share the enjoyment found in joining together to appreciate the abundant natural beauty that surrounds us in South Carolina.

Our meetings are usually held on the third Monday of each month and are informal. They are open to nonmembers and guests and provide a great way to learn about the club and meet our members. Meetings normally include a guest speaker from 7-8 p.m. followed by a short session of club business. They generally conclude by 8:30 p.m.

**Join us at our next meeting
at 7 p.m. Aug. 17.**

LCP meetings are held at:
Providence Baptist Church
294 Seven Farms Drive
Daniel Island.

Contact us at:
Lowcountry Paddlers
P.O. Box 13242
Charleston, SC 29422

Visit our Web site:
www.lowcountrypaddlers.net

Members of the
American Canoe Association.



'Oh, there's nothing out there'

By Bill Guiffre

"Oh, there's nothing out there." That was the declaration as we walked onto the beach at Breach Inlet and surveyed the ocean before circumnavigating the Isle of Palms on Saturday morning, July 25.

With only two ocean ventures to my credit, these were comforting words. I had stress over the marine forecast of three- to four-foot waves all week. Apparently, that was wrong. Now I had stress about punching through the breakers, something I had done only once before at Bird Key.

My other stress was about the possibility of paddling over a mile to get around the sandbar up at Wild Dunes. But Helon Everett and I had planned the time so we would be able to go inside the sandbar near high tide.

As I zipped my PFD and watched the breakers, I thought back to a couple of months ago when I watched Helon, Leslie Maple, and John Cecil surf those same inlet breakers. I remembered they didn't look very big from the beach but as I watched each of their kayaks go up and over the waves, they seemed much bigger.

My stress level went up again.

I am the least experienced ocean paddler in our group. Helon, an extraordinary kayaker and instructor, has mentored my paddling and our original plan was to go around Dewees Island before taking on the Isle of Palms. It had been a while since the Show-N-Go around Sullivan's Island, so I wanted a shorter paddle to get used to the ocean again.

As we launched, the incoming tidewater was weird in Breach Inlet. The experienced paddlers were calm, so I figured I had nothing to worry about. We started paddling towards the breakers and I fell in near the front. If I went over, I wanted someone to see me quickly. But the breakers must have seen me coming, because they started getting bigger, in unison.

I kept the three things in mind that everyone said before the launch: Keep a paddle in the water at all times, it acts like an outrigger; approach the breakers straight on, perpendicular; and brace into the wave, if needed.

And here they came. Oh boy, they were pretty loud! Oh boy, it's going to break on the boat! Oh boy, I kind of went through the breaking wave. Or did the wave go through me with a good push against my chest rather than up and over the white water like I thought.

I also confirmed we were in salt water because I got a good dose. Note to self, close your mouth.

But I made it. We finally reached "there's nothing out there" territory.

My paddling and confidence took a huge step that day. I am convinced the great mystery is not where Jimmy Hoffa is buried but how NOAA measures waves.

When a big wave picks you up and you're on top looking into an endless hole wondering if there is an elevator down, it can be pretty intimidating.

When you are in that hole, all your friends have disappeared and you see the next wave towering above you, it is time to focus on technique. Keep a paddle in the water, brace into the wave, and enjoy the ride.

When we made it to Dewees Inlet and stopped for lunch, we saw a beautiful wooden sailboat about 24-foot long heading out to sea. I called out, "Don't do it! Don't go out there! Turn around while you still can!"

And as we paddled off after lunch that sailboat had indeed turned around and passed us paddling down the inlet to the ICW.

Helon and I are planning a Show-N-Go designed to encourage others who want to push their boundaries a bit. I've come a long way since the spring and want to share the exhilarating thrill with others.

Since that paddle, everyone at work keeps asking me "out where?" Apparently, I am constantly muttering, "Oh, there's nothing out there!"

A swell lesson in bracing off IOP



Above, trip participants get ready to launch at Breach Inlet to circumnavigate the Isle of Palms on July 25 .

By Andy Burgess

At 8:30 a.m. on July 25, a group of eight hearty LCP paddlers launched from Breach Inlet on Isle of Palms for a 17-mile Show-N-Go circumnavigation of the island. The forecast was for maximum four-foot swells and 15-knot winds from the southeast. As we looked out at the waves off Breach Inlet the forecast seemed about right. The waves appeared to be manageable and the wind was steady.

After launch the first challenge was busting through the waves off the inlet. This was our first indication that maybe things would be more challenging than anticipated. Past the breaking waves, however, the real excitement started. The swells were around eight-feet high.

From time-to-time we were breaking into a wave as the prevailing wind and

swell was at our starboard rear quarter. The warning that the swell had begun to break was the unmistakable rumbling sound. Most of us had our hearts in our throats until we quickly learned to brace on one side of the boat and then the other as the swell or wave passed under. The paddle up the island was quite fun once we were comfortable with the large swells.

As we approached the north end of IOP our leader, Helon Everett, made a key decision to paddle off-shore more than 3/4 mile as the waves at the sandbars between IOP and Dewees Island were large. This decision al-



Trip leader Helon Everett approaches the pier.

lowed for a fun paddle riding some smaller swells into the inlet. To the credit of all, no one had to roll or was thrown out of their boat.

After a short break for lunch we paddled the inlet then the Intercoastal back to Breach Inlet. The paddle time was five-and-half hours for the trek. We all slept soundly Saturday night.

Newsletter article ideas?

Send your ideas to lowcountry_paddlers@yahoo.com or fill out a short newsletter survey at <http://tinyurl.com/mgfe2g>.

New members

Welcome to new LCP members: Rebecca "Becky" Butler and Deirdre Mays

CCPRC September Calendar

Canoeing At Caw Caw: Caw Caw Sunset/ Moonrise Paddle

Enjoy an interpretive paddle at dusk. Witness the sun as it slips below the trees of Caw Caw Swamp and watch the moonrise over Tea Farm Creek. A registered and paid chaperone is required for participants ages 15 and under. Pre-registration required.

Sept. 3 Thu 6 p.m.-8:15 p.m. Course # 21169
Meets at: Caw Caw Interpretive Center Age: 9 & up
Fee: \$18/\$15 CCR Discount

Caw Caw Self Guided Canoe Tour

Relax & enjoy a day paddling historic rice fields. Our knowledgeable staff will update you on wildlife activity & share the unique history of the site. A chaperone is required for participants ages 15 & under. Registration on-site only. For more information call (843) 889-8898. Meets at: Caw Caw Interpretive Center Fee: \$10 fee per canoe

Sept. 5 Sat 10 a.m.-4 p.m. Course # 21415
Sept. 6 Sun 10 a.m.-4 p.m. Course # 21416
Sept. 12 Sat 10 a.m.-4 p.m. Course # 21417
Sept. 13 Sun 10 a.m.-4 p.m. Course # 21418
Sept. 19 Sat 10 a.m.-4 p.m. Course # 21419
Sept. 20 Sun 10 a.m.-4 p.m. Course # 21420
Sept. 26 Sat 10 a.m.-4 p.m. Course # 21421
Sept. 27 Sun 10 a.m.-4 p.m. Course # 21422

Parent & Child Samplers: Canoe/Kayak Sampler

Learn how fun and easy canoeing and kayaking is for the whole family. This hands-on class introduces basic strokes and equipment before giving families a chance to paddle a variety of kayaks and canoes.

This program is for children ages 8-16 and their parents. A registered and paid chaperone is required for participants 16 and under. Pre-registration required.

Sept. 5 Sat 9 a.m.-12 p.m. Course # 21248
Meets at: James Island County Park Age: 8 & up
Fee: \$12/\$10 CCR Discount

Sea Kayak Instructional Classes: ACA Coastal Kayak Basic Strokes and Rescues

Have you been kayaking a few times, perhaps enough to know that you'd like to know more? This class will refine basic strokes, introduce the support strokes and practice self and assisted rescue skills. A little information on navigation, wind and weather, and safety equipment will also be included. Pre-registration required.



Sept. 5 Sat 9 a.m.-5 p.m. Course # 21039
Meets at: James Island County Park
Age: 16 & up Fee: \$54/\$45 CCR Discount

After School Adventures: After School Paddle

Come paddle with us after school! We'll spend some time reviewing and learning basic canoe and kayak strokes; then we'll play some fun paddling games! Pre-registration required.

Sept. 9 Wed 3:30-6 p.m. Course # 21241
Meets at: Palmetto Islands County Park

Sept. 10 Thu 3:30-6 p.m. Course # 21242
Meets at: James Island County Park Age: 6-12
Fee: \$12/\$10 CCR Discount

Canoeing At Caw Caw: Heritage to Habitat Canoe Tour

Enjoy an interpretive canoe trip and travel back to the age of rice as we paddle through rice fields and canals that now serve as one of the richest wildlife habitats in the Lowcountry. A registered and paid chaperone is required for participants ages 15 and under. Pre-registration required.

Sept. 12 Sat 9 a.m.-11:30 a.m. Course # 21165
Meets at: Caw Caw Interpretive Center Age: 9 & up
Fee: \$15/\$12 CCR Discount

Parent & Child Trips: Folly River Kayaking

Join us for a beautiful paddle along Folly River. The tidal creeks and marshes of the Folly River are full of natural beauty. Bring Mom or Dad and work on your kayaking skills. A registered and paid chaperone is required for participants ages 16 and under. Pre-registration required.

Sept. 13 Sun 1 a.m.-5 p.m. Course # 21274
Meets at: CCPRC Headquarters Age: 8 & up
Fee: \$34/\$28 CCR Discount

After Work Sea Kayak Tours: Hump Day Happy Hour Harbor Kayak Tour

Over halfway to Friday! Close out your Wednesday workday with a relaxing tour and a watery view of the Charleston skyline. We'll paddle from Wappoo Cut Boat Landing on James Island, past the Battery, to Sunrise Park. Pre-registration required.

Sept. 16 Wed 5:30-8:30 p.m. Course # 21047

Meets at: Off-Site Location Age: 16 & up
Fee: \$36/\$30 CCR Discount

September Calendar Continued

Sea Kayak Instructional Classes: ACA Coastal Kayaking in Tidal Currents

Learn the basic techniques for paddling in areas subject to tidal current, including entering and exiting eddies, ferrying across currents, and techniques for surfing standing waves. During these exercises, we will be grouped together in a calm eddy where kayakers can rest alongside the fast-moving tide rip. This is your chance to push the envelope with dependable backup. There is always the possibility of capsizing when practicing in rougher water, so be prepared to utilize some self and assisted rescue skills. Pre-registration required.

Sept. 19 Sat 9 a.m.-3 p.m. Course # 21038
Meets at: CCPRC Headquarters Age: 16 & up
Fee: \$54/\$45 CCR Discount

Local Sea Kayak Trips: Botany Bay Sea Kayak Tour

Botany Bay, a naturalist's paradise, is part of the largest remaining undeveloped wetlands on the Atlantic Coast. Our trip will launch from Cherry Point and paddle out to a dolphin playground. After lunch on the beach, we'll return with the incoming tide. Pre-registration required.

Sept. 20 Sun 9 a.m.-5 p.m. Course # 21050
Meets at: CCPRC Headquarters Age: 16 & up
Fee: \$54/\$45 CCR Discount

Kayak Rolling and Rescues: Introduction to Kayak Rolling

The greatest self-rescue tool a kayaker has, rolling also sharpens other boating skills. Small pool classes ensure your comfort throughout the process. Participants ages 13-15 can register for this course, but must be accompanied by an adult chaperone. Pre-registration required. Sept. 21-25 Mon, Wed, Fri, 7-9 p.m. Mon & Wed, and 6-8 p.m. Fri. Course # 21064

Meets at: Off-Site Location Age: 13 & up
Fee: \$48/\$40 CCR Discount

Parent & Child Trips: Edisto River Canoeing

Bring Mom or Dad and join us for a day of fun on the Edisto River. Learn basic canoe strokes before embarking on your float downriver. A registered and paid chaperone is required for participants ages 16 and under. Pre-registration required.

Sept. 26 Sat 8 a.m.-4 p.m. Course # 21252

Meets at: CCPRC Headquarters Age: 8 & up
Fee: \$34/\$28 CCR Discount

Sea Kayak Instructional Classes: Essentials of Surf Kayak -Sit-on-tops and Short Boats

How much fun can you have in a kayak? This class will introduce you to surf kayak techniques, ocean safety considerations, and you'll get to catch some sweet waves. Pre-registration required.

Sept. 26 Sat 9 a.m.-3 p.m. Course # 21037
Meets at: CCPRC Headquarters Age: 16 & up
Fee: \$54/\$45 CCR Discount

Sea Kayak Instructional Classes: ACA Introduction to Kayaking

Let our ACA certified instructors help you learn a new skill comfortably and enjoyably. Using a variety of boats, this entry-level course teaches you the basic strokes and skills to have fun on the water! Pre-registration required.

Sept. 26 Sat 1-5 p.m. Course # 21042
Meets at: James Island County Park Age: 16 & up
Fee: \$36/\$30 CCR Discount

Folly Beach Challenge

The Inaugural Folly Beach Challenge on Sept. 27 will be an off-road triathlon that will feature paddling, biking, and running. Participants will paddle a 3-mile stretch of the Folly River to Folly Beach County Park, where they will bike approximately 8.5 miles, arrive back at the county park and run a 3-mile section of the beach. Online registration will end Sept. 23. Limited to 300 participants. If available, late registration will be Sept. 26 at packet pick up. No race day registration. 3 participants required per team. One member of the group must be the main contact and at least 18 years of age.

Sept. 27 8-10 a.m.
Meets at: Folly Beach County Park Age: 16 & up
Single Participant: Course # 20674 Fee: \$45/\$36
CCR Discount

Teams: Course # 20675 Fee: \$95/\$76
CCR Discount



Pre-registration is required for all programs and some special events. Please call (843) 795-4FUN or visit www.ccprc.com to register.